

# Inthinity®: MetaFuel™



## Vanilla Flavor

### Nutrition Facts

Serving Size 2 Scoops (45g)

Servings per Container 15

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value
Calories	170	Vitamin E	50%
Calories from Fat	<b>30</b>	Vitamin K	6%
<b>Total Fat</b> 3.5g	<b>5%</b>	Thiamin	70%
Saturated Fat 1g	<b>5%</b>	Riboflavin	60%
Trans Fat 0g		Niacin	45%
Polyunsaturated Fat 0.5g		Vitamin B6	50%
Monounsaturated Fat 1.5g		Folate	45%
<b>Cholesterol</b> 55mg	<b>18%</b>	Vitamin B12	50%
<b>Sodium</b> 230mg	<b>10%</b>	Biotin	40%
<b>Potassium</b> 390 mg	<b>11%</b>	Pantothenic Acid	45%
<b>Total Carbohydrate</b> 16g	<b>5%</b>	Phosphorus	15%
Dietary Fiber 5g	<b>20%</b>	Iodine	20%
Sugars 4g		Magnesium	10%
Protein 20g	40%	Zinc	20%
Vitamin A	45%	Selenium	45%
Vitamin C	50%	Copper	20%
Calcium	20%	Manganese	50%
Iron	6%	Chromium	35%
Vitamin D	45%	Molybdenum	25%

\*Percent Daily Values are based on a 2,000 calorie diet.

**Suggested Use:** Mix two level scoops of MetaFuel with 10 to 12 ounces of cold water or low-fat milk, and blend for 2-3 minutes. For a thicker shake, add ice.

**Warning:** If you are under age 18, pregnant, nursing, in poor health or are under a doctor's care for any health condition, please consult with your physician before using this product. KEEP OUT OF REACH OF CHILDREN.

**Ingredients:** Protein blend (whey protein and soy protein isolate), fiber blend (cellulose powder, gum acacia, xanthan gum, flax seed powder, cellulose gum, and oat fiber), inulin, natural and artificial flavors, high oleic safflower oil, lecithin, mineral blend (calcium citrate, magnesium citrate, zinc gluconate, selenium amino acid chelate, manganese amino acid chelate, molybdenum amino acid chelate, copper gluconate, boron proteinate, vanadium amino acid chelate, chromium polynicotinate, potassium iodide), Opuntia streptacantha powder, potassium chloride, sodium chloride, vitamin blend (ascorbic acid, vitamin E acetate, biotin, niacinamide, d-calcium pantothenate, vitamin A palmitate, vitamin D, pyridoxine HCl, thiamine hydrochloride, riboflavin, vitamin K, cyanocobalamin and folic acid), enzyme blend (protease, lipase, cellulase, amylase, bromelain and papain), Sucralose, MaxCell Proprietary Blend™ (Jujube extract (fruit), Black pepper extract (fruit), Aloe vera (dried gel), Chinese licorice (root)), Stevia extract. Contains soy and milk.

Minimize hunger, maximize energy. Most people's days consist of energy peaks and valleys as they battle with hunger, cravings, and fatigue. MetaFuel™ is a delicious meal replacement beverage that provides a balanced protein to carbohydrate ratio. This helps reduce hunger and food cravings while providing a steady supply of energy throughout your day.

MetaFuel contains:

- ▶ 20 grams of ultrafiltrated whey protein and soy protein
- ▶ 16 grams of time-released complex carbohydrates
- ▶ 5 grams of dietary fiber
- ▶ 6 different enzymes for proper digestion and assimilation
- ▶ Premium-quality essential vitamins and minerals.
- ▶ MaxCell™ for maximum absorption

	ITEM
<b>MetaFuel™ Chocolate</b> 1 lb 8 oz canister	102160
<b>MetaFuel™ Vanilla</b> 1 lb 8 oz canister	102155

## Chocolate Flavor

### Nutrition Facts

Serving Size 2 Scoops (45g)

Servings per Container 15

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value
Calories	180	Vitamin E	50%
Calories from Fat	<b>35</b>	Vitamin K	6%
<b>Total Fat</b> 4g	<b>6%</b>	Thiamin	70%
Saturated Fat 1g	<b>5%</b>	Riboflavin	60%
Trans Fat 0g		Niacin	45%
Polyunsaturated Fat 0.5g		Vitamin B6	50%
Monounsaturated Fat 1.5g		Folate	45%
<b>Cholesterol</b> 50mg	<b>17%</b>	Vitamin B12	50%
<b>Sodium</b> 420mg	<b>18%</b>	Biotin	40%
<b>Potassium</b> 640 mg	<b>18%</b>	Pantothenic Acid	45%
<b>Total Carbohydrate</b> 16g	<b>5%</b>	Phosphorus	15%
Dietary Fiber 6g	<b>24%</b>	Iodine	20%
Sugars 3g		Magnesium	10%
Protein 20g	40%	Zinc	20%
Vitamin A	45%	Selenium	45%
Vitamin C	50%	Copper	20%
Calcium	20%	Manganese	50%
Iron	10%	Chromium	35%
Vitamin D	45%	Molybdenum	25%

\*Percent Daily Values are based on a 2,000 calorie diet.

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**Ingredients:** Protein blend (whey protein and soy protein isolate), fiber blend (cellulose powder, gum acacia, xanthan gum, flax seed powder, cellulose gum, and oat fiber), inulin, natural and artificial flavors, high oleic safflower oil, lecithin, mineral blend (calcium citrate, magnesium citrate, zinc gluconate, selenium amino acid chelate, manganese amino acid chelate, molybdenum amino acid chelate, copper gluconate, boron proteinate, vanadium amino acid chelate, chromium polynicotinate, potassium iodide), Opuntia streptacantha powder, potassium chloride, sodium chloride, vitamin blend (ascorbic acid, vitamin E acetate, biotin, niacinamide, d-calcium pantothenate, vitamin A palmitate, vitamin D, pyridoxine HCl, thiamine hydrochloride, riboflavin, vitamin K, cyanocobalamin and folic acid), enzyme blend (protease, lipase, cellulase, amylase, bromelain and papain), Sucralose, MaxCell Proprietary Blend™ (Jujube extract (fruit), Black pepper extract (fruit), Aloe vera (dried gel), Chinese licorice (root)), Stevia extract. Contains soy and milk.